

# Step Out Sheffield



## Free short walks in the Woodhouse area every Friday

Meet in the community room, Woodhouse library,  
Skelton Lane in time to start walking at 1.30 pm

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-stress while enjoying fresh-air and good company.

Our trained Volunteer Walk Leaders are always on hand before, during, and after our walks, providing a safe environment in which to enjoy Sheffield's beautiful parks and woodlands.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Rambles: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.



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