

# Step Out Sheffield



## Free health walks in the Totley area every Wednesday

Meet in the adult section of Totley library, 205  
Baslow Road, in time to start walking at 10.30 am.  
Socialise afterwards in the library.

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-stress while enjoying fresh-air and good company.

We encourage walkers to socialise before, during, and after our walks. It's a great way to make friends while reconnecting with nature.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Ramblers: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.



# Step Out Sheffield



## Free health walks in the Totley area every Wednesday

Meet in the adult section of Totley library, 205  
Baslow Road, in time to start walking at 10.30 am.  
Socialise afterwards in the library.

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-stress while enjoying fresh-air and good company.

We encourage walkers to socialise before, during, and after our walks. It's a great way to make friends while reconnecting with nature.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Ramblers: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.

