

# Step Out Sheffield



## Free health walks in the Richmond area every Wednesday afternoon

Meet in the foyer of St Catherine's Church, on the junction of Richmond Road and Hastilar Road South in time to start walking at 2.00pm.

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-stress while enjoying fresh-air and good company.

For more information about Step Out Sheffield and all of our free walks [www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400 Ramblers: Walking for Health schemes across the country. Our volunteer led scheme has provided health walks in Sheffield for over 20 years.



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