

# Step Out Sheffield



## Free short, led walks in Greenhill Park every Thursday morning

Meet in the Gresley Road Community Centre, in  
time to start walking at 10.30 am

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-  
stress while enjoying fresh-air and good company.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Ramblers: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.



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