

# Step Out Sheffield



## Free health walks in the Handsworth area every Tuesday afternoon

Meet in the scout hut behind, St Mary's Church,  
Handsworth Road, in time to start walking at  
1.30pm. Socialise afterwards in the scout hut.

Our short walks are a fantastic way to get fit and de-stress while enjoying fresh-air and great company.

We encourage walkers to socialise before, during, and after our walks. It's a great way to make friends while reconnecting with nature.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Rambles: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.



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