

Step Out Sheffield



Free health walks in the Frecheville area every Thursday morning

Meet in the Community Centre on Churchdale
Road, in time to start walking at 10 am

Our walks, which suit all levels of ability, are a fantastic way to get fit and de-stress while enjoying fresh-air and good company.

Our trained Volunteer Walk Leaders are always on hand before, during, and after our walks, providing a safe environment in which to enjoy Sheffield's beautiful parks and woodlands.

For more information about Step Out Sheffield and all of our free walks
www.StepOutSheffield.org or call our help line on 07505639524



Step Out Sheffield is one of over 400
Ramblers: Walking for Health schemes
across the country. Our volunteer led scheme
has provided health walks in Sheffield for over 20 years.



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