

# Step Out Sheffield



## Free health walks in Ecclesall Woods every Tuesday & Thursday

**Tuesdays:** - meet Abbeydale Industrial Hamlet  
visitor Centre in time to start walking at 10.30 am

**Thursdays:** - meet JG Graves Discovery Centre in  
time to start walking at 10.30 am

Our walks are a fantastic way to get fit and de-stress while enjoying fresh-air  
and great company.

For more information about Step Out Sheffield and all of our free walks  
[www.StepOutSheffield.org](http://www.StepOutSheffield.org) or call our help line on 07505639524



Step Out Sheffield is one of over 400  
Ramblers: Walking for Health schemes  
across the country. Our volunteer led scheme  
has provided health walks in Sheffield for over 20 years.



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